

# *R&R: Rethink & Renew*

Professional Standard:  
3200: Program Management

***We'll get started in a couple of minutes...***

- Housekeeping
- Introductions
- R&R: Rethink & Renew
- Ask the Presenters
- Wrap Up
- Bonus: Invitation to a breakout session with the presenters



**Type your questions into the Q&A box at the bottom of your screen.**

**We will have a 15 minute Q&A at the end of the presentation.**

# Meet the Presenters



## **Maureen Pisanick, RDN, LDN, CEO/Founder Pisanick Partners**

***“Wholesome Meals Fueling Healthy Lives”***

- **Former Child Nutrition Director**
- **Early Childhood/K12 Consultant**
- **Proud Creator/Sponsor of NutriSmart Culinary Training Programs**



# Meet the Presenters



## Mandy Curry

- Co-founder Healthy Kids Inc. , Start A Garden, Project Healthy Kids, and Business Uplifted
- Central Kitchens for WV Child Care Centers - statewide initiative



# Meet the Presenters



## Deepa Deshmukh, MPH, RD, BC-ADM, CDE

- Leader in the Plant Forward Movement
- Public Health Dietitian
- GroundPro® - allergen-free, shelf-stable, lentil crumble



## **First the ESSENTIAL Staff-centered discussion**

- 1. We can't be good for others if we aren't good for ourselves!**
- 2. What skills can we dust off and improve?**
- 3. How can data help us support our staff efficiency?**

## **Renew your Menu mission**

- **What defines your school meals**
  - Participation priorities
  - The balancing act





# *It takes a village....*

## Renew your Wellness Tribe

- Support/Resources
- Manufacturers/Distributors
- Collaboration/Community



**How our experiences from this past year have helped us  
re-connect with our “WHY”**

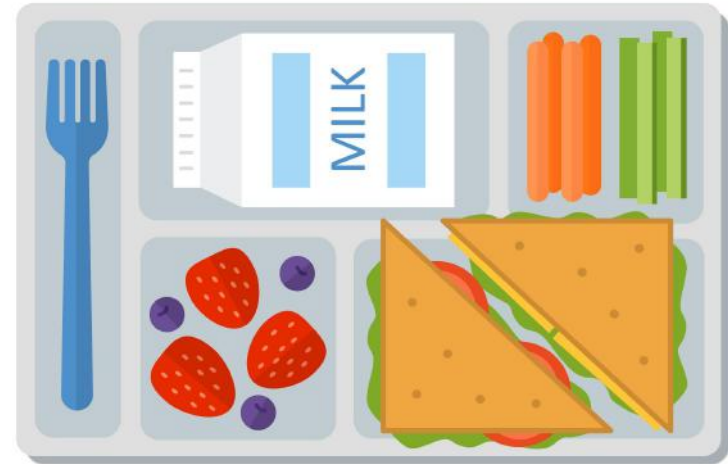
## **Fueling fatigue with inspiration**



## Reimagining the role that we play with children



- Rise of chronic disease
- Crucial role of school meals in children's health
- Food insecurity/Food Waste
- Connect and Collaborate





# **Ask the Presenter w/ Maureen, Mandy & Deepa**

# Invitation to Zoom Rooms



**Deepa Deshmukh**  
Inland Empire Foods  
[deepad@inlandempirefoods.com](mailto:deepad@inlandempirefoods.com)



**Mandy Curry**  
Healthy Kids, Inc  
[mandy@healthykidsinc.com](mailto:mandy@healthykidsinc.com)



**Maureen Pisanick**  
Pisanick Partners, LLC  
[maureen@pisanickpartners.com](mailto:maureen@pisanickpartners.com)

*Thank you for joining us!*



[www.healthepro.com](http://www.healthepro.com)