

# Fresh Fruit and Vegetables

## Ingredient USDA Listing

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CND #	Common Name	USDA Name
11001	Alfalfa Sprouts	Alfalfa seeds, sprouted, raw
9003	Apple	Apples, raw, with skin
9040	Banana	Bananas, raw
11052	Green Beans	Beans, snap, green, raw
11090	Broccoli	Broccoli, raw
11109	Cabbage, green	Cabbage, raw
11960	Baby Carrots	Carrots, baby, raw
11124	Carrots	Carrots, raw
11135	Cauliflower	Cauliflower, raw
11143	Celery	Celery, raw
9070	Cherries	Cherries, sweet, raw
11205	Cucumber	Cucumber, with peel, raw
11206	Cucumber	Cucumber, peeled, raw
1123	Egg	Egg, whole, raw, fresh
11215	Garlic	Garlic, raw
9131	Grapes	Grapes, american style (slip skin), raw
9111	Grapefruit	Grapefruit, raw, pink and red and white, all areas
9148	Kiwi	Kiwi fruit, (chinese gooseberries), fresh, raw
9152	Lemon juice	Lemon juice, raw
9150	Lemons	Lemons, raw, without peel
11250	Lettuce, butter, bib boston	Lettuce, butterhead (includes boston and bib types), raw
11251	Lettuce, romaine, cos	Lettuce, cos or romaine, raw
11253	Leaf Lettuce	Lettuce, green leaf, raw
11252	Lettuce, iceberg	Lettuce, iceberg (includes crisphead types), raw
9181	Melon, cantaloupe	Melon, cantaloupe, raw
9183	Melon, casaba	Melon, casaba, raw
9184	Melon, honeydew	Melon, honeydew, raw
11260	Mushrooms	Mushrooms, white, raw
11265	Portabella Mushroom	Mushroom, portabella, raw
11266	Mushrooms, brown	Mushrooms, brown, Italian, crimini, raw
9191	Nectarines	Nectarines, raw
11282	Onions	Onions, raw
11292	Green Onion	Onion spring or scallions (included tops and bulb), raw
9200	Oranges	Oranges, raw, all commercial varieties
50359	Oranges	Oranges; varieties include Navel, Valencia, Pineapple or Hamlin, raw 100283 A357
9226	Papaya	Papaya, raw

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9236	Peaches	Peaches, raw
50374	Pear	Pear, bosc, raw, whole, winter variety, 100280, A442
9252	Pears	Pears, raw
11300	Snow Pea Pods	Peas, edible-podded, raw
11979	Jalapenos Peppers	Jalapeno, raw
11333	Pepper, green	Peppers, sweet, green, raw
1821	Pepper, red	Peppers, sweet, red, raw
11951	Pepper, yellow	Peppers, sweet, yellow, raw
9266	Pineapple	Pineapple, raw, all varieties
9277	Plantains	Plantains, raw
9279	Plums	Plums, raw
9286	Pomegranate	Pomegranates, raw
11352	Potato	Potatoes, flesh and skin
11353	Potato, russet	Potatoes, russet, flesh and skin, raw
11354	Potato, white	Potatoes, white, flesh and skin, raw
11457	Spinach	Spinach, raw
11641	Squash	Squash, summer, all varieties, raw
11467	Squash, yellow	Squash, crookneck and straightneck, raw
11477	Zucchini squash	Squash, summer, zucchini, including skin, raw
11482	Acorn Squash	Squash, winter, acorn, raw
11643	Squash, butternut, spaghetti	Squash, winter, all varieties, raw
9316	Strawberries	Strawberries, raw
11507	Sweet Potato	Sweet Potato, raw, unprepared
9218	Tangerine	Tangerine (mandarin oranges), raw
16426	Tofu	Tofu , raw, firm, prepared with calcium sulfate
11529	Tomatoes	Tomatoes, red, ripe, raw, year round average
9326	Watermelon	Watermelon, raw